



# Taming Your Teenager

*Strategies for Managing your relationship with your Teenager*

Register  
early to  
Save!!

## Workshop Outcomes

- Connect with other parents who are struggling to understand their teenage children
- Learn how to recognize & identify your teenager's behavioural tendencies
- Identify the values your children are using to make decisions
- Develop strategies for changing your approach to improve your relationship

## Description

Does it ever feel like you and your teenager are living on different planets and speaking a different language? You are not alone! Most families experience challenges when their children enter their adolescent years and start to identify who they are, what they value, and who they want to become.

During this short online workshop, you will learn simple techniques to identify why your teenager behaves the way they do and how to diffuse those tense conversations calmly!

## Outline

- Introduction: The Challenges of Living with a Teenager
- Module 1: Recognizing How your Teenager Behaves
- Module 2: Identifying your Teenager's Value System
- Module 3: Strategies for Adapting Your Approach for Improved Relationships

## Audience

This program is applicable to anyone who has a pre-teen or teenagers in their life, whether you are a parent, guardian or grandparent.

## Facilitators

This program is delivered only by Certified Professional Behavioural & Values Analysts. They have a passion for understanding others' behaviours and values and have ample experience to help you apply it with your own family.

Register 20  
days in  
advance and  
save \$5



## Registration Information

**March 3, 2010, Online**  
Early Bird: \$24.99 Standard: \$29.99  
**April 2, 2010, Online**  
Early Bird: \$24.99 Standard: \$29.99

**June 5, 2010, Online**  
Early Bird: \$24.99 Standard: \$29.99  
**September 11, 2010, Online**  
Early Bird: \$24.99 Standard: \$29.99

Register today at [www.IgniteSuccess.com](http://www.IgniteSuccess.com) or by calling 1-800-977-5991

## On-Site Offerings:

Ignite Success can make arrangements to offer Taming Your Teenager at your organization. Your attendees participate in the same learning experience offered at our public workshops, but have the convenience of being at your site while you can keep your budget costs down.